

1 km Loop



1 km Loop Description (only for Intermediate runners):

- Runners go straight from the start and do #18 fairway first.
- Once completed #18 fairway, runners lap in front of the clubhouse, then begin their 2 km loop on the south side of fairway #1.
- In the intermediate events, the 1km loop will be run first, followed by two 2km loops.

Distances

Category	Distance	Loops
Junior Girls & Boys	4 km	2 x 2 km Loop
Intermediate Girls & Boys	5 km	(1 x 1 km Loop) + (2 x 2 km Loop)
Senior Girls & Boys	6 km	3 x 2 km Loop
Para	4 km	2 x 2 km Loop